

COOKERY DEMONSTRATION SCHEDULE

Hosted by Katie & Glyn Johnson from www.wotscooking.co.uk

11.00: Mark Harris – Cookery Demonstration

Mark and his wife Sarah run 'The Tally Ho' at Bouldon, near Ludlow, and 'The Pheasant Inn, at Neenton. Both award winning venues with British seasonal menus, changing daily to reflect the best of available produce, and locally sourced where possible. Whilst Mark is in the kitchen, Sarah manages front of house. For the best Shropshire food and hospitality, here are the websites www.thetallyho.co.uk www.pheasantatneenton.co.uk

12.15: Suki Pantal – Cookery Demonstration

Suki is an Indian Cookbook Author, who from her home in Malvern, runs 'Suki's Curries and Spices,' with a mission to give other Indian food lovers, the real taste of India. Born and brought up in Delhi, it was during the pandemic in 2020 that Suki began to share her recipes on social media. Now she has over 30,000 followers, 1 book published, with her latest due out this November. She also featured on Jamie Oliver's 'Great Cookbook Challenge' on Channel 4. www.sukipantal.com

1.15: Andrew Francis – Butchery Demonstration with a lamb carcass

'Andrew Francis' on Teme Street in Tenbury are a traditional family butchers, serving locally sourced produce to their customers since 1991. Specialising in free range and rare breeds in both pork and beef, their produce has been supplied to the very best Chefs and Restaurants in the area, and are recognised for their famous home cured traditional bacon. www.andrewfrancisbutchersludlow.co.uk

2.30: Andy Link – Cookery Demonstration

Andy is the award winning Chef/Patron, of the 2 AA Rosette 'Riverside Inn' at Aymestrey in Herefordshire. Born and raised on a farm in the county, this gave him the passion and respect for local produce, using only high quality local ingredients with the emphasis on 'seed to plate,' and his ethos being that nothing is wasted in the kitchen, not just for financial reasons but out of respect for the animal and produce grown.

The Riverside is regularly named as one of the top Restaurants in Herefordshire. www.riversideaymestrey.co.uk

